

THEME 5: CALMING AND WORKING OUT PROBLEMS (TODDLERS)

Lesson 15: Forgiving others

Date of Lesson: _____ Approximate length of lesson: _____

Name: _____

Below is the list of original objectives to help you remember the pieces of the lesson. The questions that follow ask how you adapted the objectives for toddlers.

Lesson Objectives:

1. Introduced bell, GFW, check on plants/flower growth, and seed stickers in kindness garden.
2. Introduced "Down the Road" and reviewed what happened with Hattie, how she felt, and how her parents responded. Discussed what to say when we have an accident and how to forgive.
3. Introduced pass the egg with a spoon without dropping it and if it falls, then practice saying, "I didn't mean it. Are you OK?"
4. Introduced demonstration of successful and unsuccessful pass and how forgiving can help us do it over again easier.
5. Introduced passing egg in circle and saying I didn't mean it or are you OK. Query about how it felt on the inside (share own feelings).
6. Introduced when others hurt us and it is not an accident (e.g., hitting) and how to work it out by using a Peace Wand to speak and listen.
7. Introduced kids acting out a conflict scenario and using the Peace Wand to resolve the problem and how it feels to fix the problem.
8. Introduced mindful of breath and feeling on the inside.
9. Introduced concept: We all have accidents.
10. Introduced concept: We can forgive others when they have an accident.

1. What key concept/ideas from the curriculum were your focus for this lesson?

2. What books/materials/activities did you read/use/do? What did you do that worked well for your toddlers?

3. What was challenging? What would you change or do differently next time?

THEME 6: GRATITUDE

Lesson 16: Gratitude for people or things in my life

Date of Lesson: _____ Approximate length of lesson: _____

Name: _____

Below is the list of original objectives to help you remember the pieces of the lesson. The questions that follow ask how you adapted the objectives for toddlers.

Lesson Objectives

1. Introduced bell, GFW, and review that forgiving feels good on the inside.
2. Introduced Gratitude)(G on the wall) and have class say it while clapping out syllables and gratitude makes us feel good on the inside.
3. Introduced "Gracias/Thanks" and boy who is grateful for many things (kids list and fill in if they miss some) and how boy feels when he is thankful for these things: happy.
4. Introduced "Stand and repeat" and say what you are grateful for and friends will repeat what you say.
5. Introduced turning to an elbow partner and saying one thing you are grateful for and allow time for conversation, and ask for volunteers to share what they are grateful for.
6. Introduced draw a picture of what you are grateful for.
7. Introduced saying the child's name and having the child do the feeling walk to a seat at the table.
8. Introduced songs "Thanks Be" or Calm down Boogie" while they are drawing.
9. Introduced concept: We all have people or things we feel grateful for.
10. Introduced concept: Gratitude feels good on the inside.

1. What key concept/ideas from the curriculum were your focus for this lesson?

2. What books/materials/activities did you read/use/do? What did you do that worked well for your toddlers?

3. What was challenging? What would you change or do differently next time?

