THEME 5: CALMING AND WORKING OUT PROBLEMS

Lesson 15: Forgiving others.

Date of Lesson:	Approximate	e length o	t lesson: _							
Name:										
Instructions: For each less	son objective, please circle a number, u	sing the so	cale below,	to indicate	to what e	xtent you n	net the object	ctive.		
() I did NOT introduce or address this objective.	1 2 Introduced the topic but did not explain or practice.	3 4 5 5 some explanation & some practice				6	7 Introduced it & provided detailed explanation & practice			
Les	sson Objectives									
1. Introduced bell, GFW, che stickers in kindness garden.	eck on plants/flower growth, and seed	0	1	2	3	4	5	6	7	
Hattie, how she felt, and how	oad" and reviewed what happened with wher parents responded. Discussed naccident and how to forgive.	0	1	2	3	4	5	6	7	
1 2	rith a spoon without dropping it and if it I didn't mean it. Are you OK?"	0	1	2	3	4	5	6	7	
4. Introduced demonstration and how forgiving can help	of successful and unsuccessful pass us do it over again easier.	0	1	2	3	4	5	6	7	
1 2 22	circle and saying I didn't mean it or are t felt on the inside to do this and pass.	0	1	2	3	4	5	6	7	
	out by using a Peace Wand to speak and	0	1	2	3	4	5	6	7	
	t a conflict scenario and using the Peace and how it feels to fix the problem.	0	1	2	3	4	5	6	7	
8. Introduced mindful of bre	ath and feeling on the inside.	0	1	2	3	4	5	6	7	
9. Introduced concept: We a	ll have accidents	0	1	2	3	4	5	6	7	
10. Introduced concept: We accident.	can forgive others when they have an	0	1	2	3	4	5	6	7	

1. How d	lid this lesson go? What worked well in this lesson? What did you find to be particularly effective?
2. What	was challenging? Did you notice anything that the children didn't seem to understand or struggled with?
3. Did yo	ou modify or add anything?
4. What	would you do differently the next time you implement this lesson?

THEME 6: GRATITUDE

Lesson 16: Gratitude for people or things in my life.

Date of Lesson:	Approximate	length of	lesson:							
Name:		-								
Instructions: For each less	on objective, please circle a number, us	ing the sca	le below, t	o indicate t	o what ext	tent you me	et the object	ctive.		
() I did NOT introduce or address this objective.	Introduced the topic but did not explain or practice.	3 4 5 5 some explanation & some practice				6 7 Introduced it & provided detailed explanation & practice				
Le	sson Objectives									
1. Introduced bell, GFW, and inside.	d review that forgiving feels good on the	0	1	2	3	4	5	6	7	
	on the wall) and have class say it while ratitude makes us feel good on the inside.	0	1	2	3	4	5	6	7	
	ks" and boy who is grateful for many they miss some) and how boy feels when s: happy.	0	1	2	3	4	5	6	7	
4. Introduced "Stand and rep and friends will repeat what	eat" and say what you are grateful for you say.	0	1	2	3	4	5	6	7	
	lbow partner and saying one thing you ne for conversation, and ask for y are grateful for.	0	1	2	3	4	5	6	7	
6. Introduced draw a picture	of what you are grateful for.	0	1	2	3	4	5	6	7	
7. Introduced saying the chil feeling walk to a seat at the t	d's name and having the child do the able.	0	1	2	3	4	5	6	7	
8. Introduced songs "Thanks are drawing.	Be" or Calm down Boogie" while they	0	1	2	3	4	5	6	7	
9. Introduced concept: We all for	ll have people or things we feel grateful	0	1	2	3	4	5	6	7	
10. Introduced concept: Grat	itude feels good on the inside.	0	1	2	3	4	5	6	7	

1. I	How did this lesson go? What worked well in this lesson? What did you find to be particularly effective?
2. \	What was challenging? Did you notice anything that the children didn't seem to understand or struggled with?
3. I	Did you modify or add anything?
4. V	What would you do differently the next time you implement this lesson?
	Are the activities in this week's lessons similar to activities you do as part of your other programming or Pyramid programming? That is, do you think there is major overlap?